



## GYM HOURS

***Hours may vary, Call/text (806) 786-8849***

**Monday-Thursday 11am-7pm**

**Friday 11am-3pm**

**Saturday 12pm-2pm**

## CLASSES

**All-level Boxing Classes\***

**12pm** Tuesday, Thursday, & Friday

**5:30pm** Monday & Wednesday

**Senior Boxing\***

**1pm** Tuesday, Thursday & Friday

**Youth Boxing\***

**4:30** Tuesday & Thursday

**Punch Therapy\***

*For people fighting Parkinson's Disease*

**10:30** Tuesday -Yoga

**11am** Thursday -Boxing

***Personal and Private Group Boxing Sessions available by appointment!***

[TheGoodFightDurango@gmail.com](mailto:TheGoodFightDurango@gmail.com)

[www.TheGoodFightDurango.com](http://www.TheGoodFightDurango.com)

[@thegoodfightboxinggym](https://www.instagram.com/thegoodfightboxinggym)