



Gym Schedule April-May 2022

Open (All-level) Boxing Classes*

12pm Tuesday, Thursday, & Friday

5:30pm Monday & Wednesday

Senior Boxing*

1pm Tuesday, Thursday & Friday

Youth Boxing*

4pm Tuesday & Thursday

Punch Therapy*

For people fighting Parkinson's Disease

10:30 Tuesday -Yoga

11am Thursday -Boxing

Open Gym

(May vary, contact trainer)

6-7:30 am Monday & Wednesday

11am-1pm Monday & Wednesday

5:30-7:30pm Tuesday & Thursday

Saturday by appt

Personal and Private Group Boxing Sessions available by appointment!

Payment required prior to class participation. New fighters may borrow equipment at no charge. Returning fighters--gloves available \$2/use, hand wraps available for purchase.

Rates: Drop-In \$20(open gym) \$25 (class), Punch Card \$150 for 10 sessions (expires in 2 months), Membership \$100/month unlimited classes/gym time (3 month commitment, firm). Financial assistance available for fighters who demonstrate need and a commitment to the craft--just ask!. Call/Text **(806) 786-8849** for info or to schedule.

Get ready to fight The Good Fight!