



GYM HOURS

Hours may vary, Call/text (806) 786-8849

Monday-Thursday 11am-7pm

Friday 11am-5pm

Saturday 12pm-2pm

CLASSES

All-level Boxing Classes*

12pm Tuesday, Thursday, & Friday

5:30pm Monday & Wednesday

Senior Boxing*

1pm Tuesday, Thursday & Friday

Youth Boxing*

4 pm Tuesday & Thursday

Competition/Sparring Class

4:30 pm Friday

Punch Therapy*

For people fighting Parkinson's Disease

10am Tuesday -Yoga

11am Thursday -Boxing

KO Cancer Fight Club

9:30 am Wednesday

Personal and Private Group Boxing Sessions available by appointment!

TheGoodFightDurango@gmail.com

www.TheGoodFightDurango.com

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