



Our Mission

The Good Fight is committed to empower people in our community, through the Sweet Science of BOXING, to fight and conquer personal obstacles and achieve a better quality of life.

Our Vision

We strive to awaken the resilient spirit of every human who desires to *fight the good fight.*

Our Values

Righteousness, Godliness, Faith, Love, Endurance, Gentleness

- **We believe fundamental boxing training offers unique and exceptional physical and mental health benefits for people fighting neuromuscular disease, and other battles.**
- **We believe in the power of community--that we achieve more by supporting others with common struggles.**
- **We believe we are not defined by our age, weaknesses, or a diagnosis. Rather, we are *more than conquerors.***
- **We are uniquely-qualified, passionately-dedicated, and lovingly- committed to serving the community in this way.**