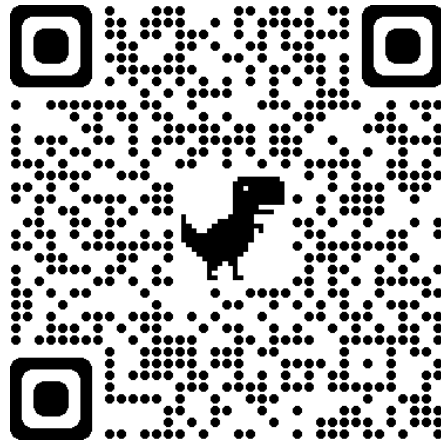




Support our efforts on our GO FUND ME Campaign!



Help us build a boxing ring and continue to build better lives!

Our Mission

To empower people in our community, through the Sweet Science, to conquer personal obstacles and achieve a better quality of life

Vision

Create a boxing community which supports and encourages the resilient spirit of one another and celebrates the craft of boxing

Values

Fundamental boxing training offers unique and exceptional physical and mental health benefits and should be accessible to any human who desires to learn, regardless of age, ability, background, or beliefs.

There is power in community. We achieve more by supporting others with common struggles.

Humans are not defined by age, ability, life station, or a diagnosis. We are more than conquerors.